



Here at the Italian School of Cooking we are going to Italy, come with us!!!

TOSCANA SPA, COOKING & WINE TOUR

5 nights / 6 days from the 13th to the 18th of September 2014

ITINERARY:

Pisa – Bolgheri – Volterra – Siena – Chianti –
Firenze – Lucca

OVERNIGHT IN:

PISA for 1 night in 4 star hotel
SIENA for 3 nights in 4 star farmhouse with Spa
FIRENZE for 1 night in 4 star Spa country hotel

SERVICES INCLUDED & HIGHLIGHTS:

5 nights accommodation in 4 star hotels with
breakfast - 5 dinners – 1 cookery class with lunch –
4 Tuscan product tastings/lunches - 4 wine tastings –
Guided tours of Pisa, San Gimignano, Chianti, Siena,
Firenze, Lucca – Visit to Volterra– Coach service –
Italian School of Cooking travel director.



TOSCANA one of the greatest repository of art in the world and also land of extraordinary countryside, wonderful cuisine and wines, mountain paths, rolling hills, sea coast and islands.
Whatever you desire, in Toscana you can make it true.

TYPICAL PRODUCTS & RECIPES



PECORINO TOSCANO



SALUMI DI CINTA
SENESE



BRUNELLO DI
MONTALCINO WINE



EXTRA VIRGIN
OLIVE OIL



TRUFFLE



RIBOLLITA SOUP



CHIANTI WINE



BOLGHERI WINE

TREATS



COOKERY CLASS



WINE TASTING



TOUR OF CHIANTI



SPA HOTEL

DAY 1:PISA

Arrival in Pisa airport and transfer to the city centre. Guided tour of the city, the Leaning Tower, the Cathedral and the Baptistery. Welcome aperitif (1 drink & buffet dinner).Accommodation in the hotel and overnight stay.

DAY 2:PISA TO BOLGHERI-VOLTERRA-SIENA KM 190

Breakfast in hotel. Departure for the beautiful Bolgheri wine area, visit to a vineyard and its winery. Tasting of 3 wines matched with a tasty Tuscan antipasto, under the gazebo overlooking the vineyard! We will then travel to the province of Siena with a stop to visit Volterra, the first great Etruscan metropolis. Accommodation in spa hotel in the wonderful Siena countryside, dinner based on the organic production of the farm (1/2 l. water & ¼ l. wine included) and overnight stay.

DAY 3:SIENA

Breakfast in hotel. Full day dedicated to individual activities. Those interested in cooking can take part to the Cookery class on traditional dishes from Siena, the others can relax in the swimming pool or in the spa area or discover the farm and its organic production of vegetables, grains, legumes, extra virgin olive oil. The farm also offers horse riding and mountain biking. Lunch based on the dishes prepared in the cookery class! Return transfer to Siena. Guided walking tour of the marvelous city and dinner in downtown.

Suggested flights:

13 Sep DUBLIN - PISA 12.35 - 16.20 Ryanair
18 Sep PISA - DUBLIN 17.15 - 19.05 Ryanair

FOR MORE INFO & BOOKINGS:

info@flavourofitaly.net - (0)1.4608800

DAY 4:EXCURSION TO SAN GIMIGNANO & CHIANTI

Breakfast in hotel. Full day guided excursion with lunch and wine tasting to San Gimignano & Chianti. We will enjoy visiting several villages, abbeys, castles and of course wineries, immersed in the Chianti landscape, that in this harvest time is more beautiful than ever. Back to the hotel for dinner (1/2 l. water & ¼ l. wine included) and overnight stay.

DAY 5:SIENA TO FIRENZE 122KM

Breakfast in hotel and departure to Firenze. Light lunch with tasting of different panini and wine in one of the most ancient and traditional deli shops, became famous for its truffle sandwich. Guided tour of the wonderful city, considered the cradle of the Renaissance. Accommodation in hotel in the countryside near Firenze, dinner in osteria and overnight stay.

DAY 6: FIRENZE TO LUCCA & PISA 92KM

Breakfast in hotel and departure to Lucca. Guided walking tour of the city to discover the beautiful centre of the town and also the little and traditional deli shops where we will taste delicious food: bakeries, pastry shops and wine shops. Transfer to Pisa airport.

PRICE: € 990* per person sharing
SINGLE ROOM supplement: € 115

*A minimum number of 25 people is required to operate the tour.

Please note: flights, beverages not specified in the itinerary, entrance fees, daily tourist tax (to be paid locally) and travel insurance are not included.

A deposit of € 300 is required to secure the booking.

Visit our website for terms & conditions: flavourofitaly.net